Resident Birthdays

Roy B.	11/3
Jackie J.	11/4
Colleen L.	11/9
Joyce S.	11/18
Shirley R.	11/18
Mary K.	11/19
Barbara P.	11/23
Donna J.	11/25
Jane J.	11/29

Welcome to our new residents! We are so happy to have you join the Traditions Family!

Gertrude Mitchel	104
Don & Barb Overholt	201
Dick Krell	610

Message from the Executive Director

Happy November and the start of the Holiday Season! What a fun time to be in our community!

In honor of all our Veterans here at West Park Place, we will host a special Color Guard ceremony by Post 606. We welcome all veterans to attend so that we may honor their service to our country. Please join us in the front circle at 12:30PM as Post 606 will present the colors, followed by a pinning ceremony and patriotic signing with Bob Wurst.

I would like to invite all residents to join our monthly town hall meeting. It is a great opportunity to ask questions and meet all the department heads!

I would like to wish everyone a very Happy Thanksgiving. We have a lot to be thankful for as we get to celebrate and gather again with our families.

November 2022

West Park Place Newsletter

TRADITIONS AT WEST PARK PLACE

TRADITIONS AT WEST PARK PLACE

3501 Executive Parkway
Toledo, OH 43606
419-531-9211
traditionsatwestparkplace.com

Meghan Siegel	Executive Director
Debbie Cantwil	Business Manager
Alex Roob	CR Director
Kaylynn Mata	CR Assistant
Matt Goller	F& B Director
Carol Nadaud	Program Coordinator
Dawn Pucak	Move In Coordinator
Alaina Walker	Wellness Director
Jeff Hogle	Maintenance Director

Come Down For Our Pre-tailgate Party Friday Nov. 25th at 12:30pm . Enjoy a Hot Dog, Chips, Beer and Music by: Gene Zenz. Remeber to Wear Your Team Colors. Ohio Stare VS. Michigan

♪ **Upcoming Musical Events:**

Fridays
Activities Room

11/4 (2:00) Wes Waters Pianist
11/11 (12:30) Veterans Celebration: Color Guard Ceremony by: Post 606 & Music with Bob Wurst
11/18 (2:00) Michael Williams Saxophone
11/25 (12:30) Music by Gene Zenz During Pre-Tailgate Party

November 2022
West Park Place

created with Sagely

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
TRADITIONS AT WEST PARK PLACE Brain Power Exercise & Movement Expression Inner Strength Nourishment & Health Socialization Spirituality		1 11:00 Exercise [AR] 1:30 Slide Presentation of "Military Life in Desert Strom" By: Carolyn Nagy [AR] 3:00 Fall Festival: Come Enjoy Delicious Treats & Spirts and Get Your Picture Drawn With Caricatures Rob Brown 7:00 Card Playing: Kings IN The Corner [Pub]	2 9:00 Dr. Schramm Foot Care [ER] 9:30 Kroger [Bus] 11:00 Exercise [AR] 1:00 Food Committee [AR] 1:30 Town Hall/Activity Planning Meeting [AR] 3:15 Bookmobile Hauler: Go Pick Out Your Books & DVD"S [TVL] 3:30 Happy Hour [Pub] 7:00 I-Pad Class With Moses [AR]	3 10:00 Walking Club [AR] 11:00 Exercise [AR] 1:15 5¢ Bingo [AR] 2:45 Thera-band Exercises with Carol [AR] 3:30 Happy Hour [Pub] 7:00 Poker [AR]	4 11:00 Exercise [AR] 11:00 Lunch Outing to: Incorvaia's Bene Italiano Restaurant [Bus] 2:00 Music by: Wes Waters Pianist [AR] 3:30 Happy Hour [Pub] 7:00 Card Playing/Board Games [Pub]	5 11:00 Exercise [AR] 12:00 Wii Bowling [AR] 1:30 Movie [TVL] 7:00 Poker [AR] 7:00 Stitch & Chat: If You Like to Knit or Crochet Please Join Us [AR]
6 **Daylight Saving Time Begins** 11:00 Exercise [AR] 1:00 Card Playing /Board Games [Pub] 1:30 Movie [TVL] 7:00 Bingo Night Playing for Prizes [AR]	7 11:00 Exercise [AR] 11:30 Wii Bowling [AR] 1:15 5¢ Bingo [AR] 3:00 Veteran's Enrollment Presentation by: Aetna Insurance With Katina : Learn More About The Eagle Plan [AR] 3:30 Happy Hour [Pub] 7:00 Poker [AR]	8 **Election Day** 10:00 Voting Shuttle [Bus] 11:00 Exercise [AR] 12:30 Remembering Friends Ceremony With Saint Joe's Choir [AR] 3:30 Happy Hour [Pub] 7:00 Card Playing: Kings IN The Corner [Pub]	9 9:30 Kroger [Bus] 11:00 Exercise [AR] 1:15 Current Events [AR] 2:00 Silver Sneakers with Dawn [AR] 2:30 Progressive Therapy: Ways TO Improve Your Energy Levels [AR] 3:30 Happy Hour [Pub] 7:00 I-Pad Class With Moses [AR]	10 10:00 Walking Club [AR] 11:00 Exercise [AR] 12:00 Covid Vaccine Clinic From 12-3pm 1:15 5¢ Bingo [AR] 2:45 Strength Training [AR] 3:30 Happy Hour [Pub] 7:00 Poker [AR]	11 **Veterans Day** 10:00 The Dollar Store [Bus] 11:00 Exercise [AR] 12:30 Veterans Celebration: Color Guard Ceremony by Post 606 followed pinning ceremony & Patriotic Sing-a-Long with Bob Wurst 3:30 Happy Hour [Pub] 7:00 Card Playing/Board Games [Pub]	12 11:00 Exercise [AR] 12:00 Wii Bowling [AR] 1:30 Movie [TVL] 7:00 Poker [AR] 7:00 Stitch & Chat: If You Like to Knit or Crochet Please Join Us [AR]
13 11:00 Exercise [AR] 1:00 Card Playing /Board Games [Pub] 1:30 Movie [TVL] 2:00 Bible Hymns Sing-a-long With Kelli Mewborn [AR] 7:00 Bingo Night Playing for Prizes [AR]	14 11:00 Exercise [AR] 11:30 Wii Bowling [AR] 1:15 5¢ Bingo [AR] 3:00 Meditation Exercise [MPR] 3:30 Happy Hour [Pub] 7:00 Poker [AR]	15 11:00 Exercise [AR] 12:00 FRIENDSGIVING: Please RSVP By November 8th. [DR] 1:00 S&J Unique Boutique Pop-Up Sale: Come browse around and see all the great items for sale to purchase [AR] 3:30 Happy Hour [Pub] 7:00 Card Playing: Kings IN The Corner [Pub]	16 9:30 Kroger [Bus] 11:00 Exercise [AR] 1:15 Catholic Mass With Father Jack [MPR] 2:00 Silver Sneakers with Dawn [AR] 3:00 Let's Make A Deal: Sponsored by: Oak Street Health [AR] 3:30 Happy Hour [Pub] 7:00 I-Pad Class With Moses [AR]	17 10:00 Walking Club [AR] 11:00 Exercise [AR] 1:15 5¢ Bingo [AR] 3:30 Happy Hour [Pub] 6:00 Family Night meeting- Why Do They Do That? Tips for communicating with dementia loved ones. [MPR] 7:00 Poker [AR]	18 11:00 Exercise [AR] 11:00 Lunch Outing to: Souk Mediterranean Kitchen 2:00 Music by: Michael Williams Saxophone Player [AR] 3:30 Happy Hour [Pub] 7:00 Card Playing/Board Games [Pub]	19 11:00 Exercise [AR] 12:00 Wii Bowling [AR] 1:30 Movie [TVL] 7:00 Poker [AR] 7:00 Stitch & Chat: If You Like to Knit or Crochet Please Join Us [AR]
20 11:00 Exercise [AR] 1:00 Card Playing /Board Games [Pub] 2:00 Aldersgate United Methodist Services [MPR] 7:00 Bingo Night Playing for Prizes [AR]	21 11:00 Exercise [AR] 11:30 Wii Bowling [AR] 1:15 5¢ Bingo [AR] 3:00 Meditation Exercise [MPR] 3:30 Happy Hour [Pub] 7:00 Poker [AR]	22 11:00 Exercise [AR] 2:00 Art L:ecture Entitled: Picasso & His Muses by: Harriet Lacker [AR] 3:30 Happy Hour [Pub] 7:00 Card Playing: Kings IN The Corner [Pub]	23 9:30 Kroger [Bus] 11:00 Exercise [AR] 1:15 Current Events [AR] 2:00 Silver Sneakers with Dawn [AR] 3:00 Auction With Free Prizes: Sponsored by Transitions [AR] 3:30 Happy Hour [Pub] 7:00 I-Pad Class With Moses [AR]	24 **Thanksgiving** 11:00 Exercise [AR] 11:30 Early Thanksgiving Dinner [DR] 1:15 5¢ Bingo [AR] 2:45 Happy Hour [Pub] 7:00 Poker [AR]	25 11:00 Exercise [AR] 12:30 Pre-Tailgate party: Hot dog, chips, beer Wear Your Team Colors Ohio State or Michigan! Gene Zenz Will Be Here To Entertain! [AR] 3:30 Happy Hour [Pub] 7:00 Card Playing/Board Games [Pub]	26 11:00 Exercise [AR] 12:00 Wii Bowling [AR] 1:30 Movie [TVL] 7:00 Poker [AR] 7:00 Stitch & Chat: If You Like to Knit or Crochet Please Join Us [AR]
27 11:00 Exercise [AR] 1:00 Card Playing /Board Games [Pub] 2:00 Bible Bible Study: Kelli Mewborn Will Discuss The Video "The Chosen": About Mary Magdalene [AR] 7:00 Bingo Night Playing for Prizes [AR]	28 11:00 Exercise [AR] 11:30 Wii Bowling [AR] 1:15 5¢ Bingo [AR] 3:00 Kenwood Hearing [AR] 3:30 Happy Hour [Pub] 7:00 Poker [AR]	29 11:00 Exercise [AR] 12:00 November Birthday Luncheon 2:00 Sylvania Senior Center Chorus [AR] 3:30 Happy Hour [Pub] 7:00 Card Playing: Kings IN The Corner [Pub]	30 9:30 Kroger [Bus] 11:00 Exercise [AR] 1:00 Resident Council Meeting [AR] 2:00 Silver Sneakers with Dawn [AR] 3:15 Bookmobile Hauler: Go Pick Out Your Books & DVD"S [TVL] 3:30 Happy Hour [Pub] 7:00 I-Pad Class With Moses [AR]	**Location Keys** Activities Room AR Bus Outing Bus Dining Room DR Exercise Room ER Multipurpose Room MPR Pub Pub T.V. Lounge TVL		